



**Alireza Pishgahi MD.**

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Birth: 1985, Esfahan, Iran

**Education**

☐ 2012-2015 Physical Medicine and Rehabilitation residency, Tabriz University of Medical Sciences, Tabriz, Iran Thesis: "Dexamethasone Phonophoresis in Hypertrophic Burn Scar". Supervisor: Rahbar M.MD.

☐ 2005-2012 Medical Doctoral, Shahid Sadoughi Medical Science University, Yazd, Iran Thesis: "Intravenous Paracetamol versus Intramuscular Pethidine in Relief of Labor Pain in Primigravid Women". Supervisor: Abdollahi M. MD.

**Academic Appointments**

☐ 2016- Present. Assistant Professor of Physical Medicine and Rehabilitation, Tabriz Medical Sciences University, Tabriz, Iran

☐ 2018- Present. Head of Cardiac Rehabilitation Team. Heart Transplant Group in Northwest of Iran. Tabriz University of Medical Science

## Licensure and Board Certification

☐ 2012 Iranian Physician License No.137939

☐ 2015 Iranian Board of Physical Medicine and Rehabilitation

☐ 2017 Fluoroscopy Guided Spinal Interventions, International Association for Study of Pain (IASP), Palliative Medicine Branch in Iran, Tabriz University of Medical Science

## Committee and Administrative Services

☐ Member of Physical Medicine and Rehabilitation Research Center of Tabriz Medical Science University, Tabriz, Iran

☐ Member of Stem Cell and Regenerative Medicine (SCARM) Center of Tabriz Medical Science University, Tabriz, Iran

## Research Interests

☐ Pain Management ☐ Cardiac rehabilitation ☐ Biofeedback Rehabilitation ☐ Musculoskeletal Disorders ☐ Regenerative Medicine (Blood products, autologous products, stem cell, growth factors, etc.)

## Conference Presentations

1. Pishgahi A. Active Learning for Medical Students. National Congress of Medical Student Research. Yazd, Iran, 2010.
2. Pishgahi A. Cardiovascular Research Fields. National Medical Student Congress of Cardiovascular Disease. Shahrekord, Iran, 2009.
3. Pishgahi A. Cardiac Rehabilitation in Heart Transplantation. 19th Iranian Congress of Physical Medicine and Rehabilitation Medicine, Tehran, Iran, 2015.

## Articles

### [Intravenous paracetamol versus intramuscular pethidine in relief of labour pain in primigravid women](#)

MH Abdollahi, M Mojibian, A Pishgahi, F Mallah, S Dareshiri, ...  
Nigerian medical journal: journal of the Nigeria Medical Association 55 (1), 54

### [The effect of active learning method on stability of information and satisfaction of physiopathology students in Yazd University of Medical Sciences](#)

A Pishgahi, S Dareshiri, MB Owlia, A Halvani, H Salman Roghani, ...  
Iranian Journal of Medical Education 9 (3), 208-215

[The effect of preoperative intravenous paracetamol administration on postoperative fever in pediatrics cardiac surgery](#)

MH Abdollahi, K Foruzan-Nia, M Behjati, B Bagheri, M Khanbabayi-Gol, ...  
Nigerian medical journal: journal of the Nigeria Medical Association 55 (5), 379

[Mesenchymal stem cell and bone marrow mononuclear cell therapy for cardiomyopathy: From bench to bedside](#)

S Dolati, M Yousefi, M Mahdipour, A Afrasiabi Rad, A Pishgahi, M Nouri, ...  
Journal of cellular biochemistry 120 (1), 45-5

[Predictive factors for achieving independent walking in children with Guillain-Barre syndrome](#)

M Barzegar, V Toopchizadeh, MHK Maher, P Sadeghi, F Jahanjoo, ...  
Pediatric research 82 (2), 333

[Novel therapeutic approaches in utilizing platelet lysate in regenerative medicine: Are we ready for clinical use?](#)

M Zamani, Y Yaghoubi, A Movassaghpour, K Shakouri, A Mehdizadeh, ...  
Journal of cellular physiology

[Cover Image, Volume 120, Number 1, January 2019](#)

S Dolati, M Yousefi, M Mahdipour, A Afrasiabi Rad, A Pishgahi, M Nouri, ...  
Journal of Cellular Biochemistry 120 (1), i-i

[Mental health status among female sex workers in Tabriz, Iran](#)

F Ranjbar, H Sadeghi-bazargani, A Pishgahi, O Nobari, M Farahbakhsh, ...  
Archives of women's mental health, 1-7

[Dexamethasone phonophoresis in burn hypertrophic scar](#)

M Rahbar, A Pishgahi, J Shokri, S Dareshiri, F Eslamian, Y Salekzamani  
Majallah-i pizishki-i Danishgah-i Ulum-i Pizishki va Khadamat-i Bihdashti-i

[Biotechnology Workshop, a Model for Curriculum Enrichment: Investigating Medical Students' Viewpoints](#)

S Parchebafieh, S Lakdzaji, S Ghiasvandian, A Pishgahi, S Dareshiri, ...

[Ultrasound Guided Treatment of Carpal Tunnel Syndrome](#)

K Shakouri, A Pishgahi, H Sadeghi-bazargani, S Dareshiri

[The Effect of intrathecal Adenosine in Control of Neuropathic Pain after Lumbar Discectomy in One Level](#)

M Eidi, A Pishgahi, A Esmailnejad  
Sleep 4 (5), 6

**Ongoing Projects**

- 1- PRP Lysate Therapy in Knee Osteoarthritis
- 2- Autologous Wound Dressing for Chronic Diabetic Ulcer
- 3- Autologous Conditioned Serum Therapy in Knee Osteoarthritis
- 4- Postural Analysis in Taxi-drivers
- 5- Postural Analysis in Carpet kneelers

6- Postural Analysis in Patellofemoral Pain Syndrome

7- Myofascial Neck Pain and Biofeedback

8- Myofascial Neck Pain and Inflammatory Status Markers