

Curriculum vita

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Marital status: Married

Religion: Islam

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EDUCATION:

Medical Sciences, University of Tabriz, faculty of Medicine 1981.

Resident in Internal Medicine, University of Tehran, Department of Internal Medicine, University Teaching Hospitals University of shahid Beheshti Universities of Medical sciences. 1994.

National Board certification in Internal Medicine 2009.

Fellow in Endocrinology and Metabolism, common program in fellow Training in Endocrinology and Metabolism, Tehran, Iran, and shahid Beheshti Universities of Medical sciences 2006 – 2009.

National Board certification in the subspecialty of Endocrinology and Metabolism 2009.

ACADEMIC EXPERIENCE:

Assistant Professor of Medicine, Tabriz University of Medical sciences, Tabriz 2009

Associate Professor of Medicine, Tabriz University of Medical sciences, Tabriz 2011.

Professor of Medicine, Tabriz University of Medical sciences, Tabriz 2013- present

ADMINISTRATIVE EXPERIENCE

Head of General Department of Internal Group.2001-2004

Head of Endocrinology Clinic. 2003-2007.

Chairman of the East Azerbaijan Diabetes Association....

MEMBERSHIPS:

Member of the Provincial Committee for Diabetes Prevention and Control of University of Medical Sciences

Faculty member of internal department

Member of the founding board of the Endocrine Research Center

PUBLICATIONS

Books:

N	Title	authors	Publisher	Authorship/ Translation/
۱	چگونه مرض قند خود را کنترل کنیم	دکتر مجید مبصری، دکتر امیر بهرامی	-	۱۳۹۰
۲	یانسگی در مردان	مجید مبصری- مهدی خانبابایی گول- جواد احمدی	انتشارات شایسته	۱۳۹۲
۳	بیماران دیابتی، انتخاب غذاهای سالم	لاله پیاھو، مجید مبصری، علیرضا استاد رحیمی	پزشکی شروین	۱۳۹۲
۴	دیابت حاملگی	مهدی خانبابایی،	تدریز درویش	۱۳۹۳

		سارا دوستی، مرضیه محمدی، صحرا واحدی، مجید مبصری		
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Articles:

اسامی همکاران به ترتیب اولویت	تاریخ انتشار	نام نشریه	عنوان مقاله	ردیف
Zarghami, N., Bahrami, A., Mobasseri, M. , (...), Karimi, P., Alanii, B	2006	Iranian Journal of Diabetes and Lipid Disorders	Evaluation of correlation between IGF-I and leptin in type II diabetic patients and healthy controls	1
Bahrami A, Montazeri V, Barband AR, Poorzand A, Mobasseri M	2006	International Journal Endocrinology Metabolism	Advance bone disease as the most common clinical presentation of hyperparathyroidism in Iranian: clinical and laboratory features of 62 patients from North-Western part of Iran.	2
Jalilzadeh SH, Bahrami A, Eftekharosadat B, Mobasseri M , Pezeshki z	2006	International Journal Endocrinology Metabolism	Peripheral Nerve Function in Subclinical Hypothyroidism: A Case- Control Study	3
Aliasgharzadeh A, Bahrami A, Najafipour F, Astanei A, Niafar M, Aghamohammadzadeh N, Mobasseri M ,	2008	International Journal Endocrinology Metabolism	Relation Between Secretory Status of Growth Hormone, Serum Concentration of Insulin-like Growth Factor I, and Insulin-like Growth Factor Binding protein 3 with Bone mineral density in Postmenopausal Women	4
F Najafipour, A Aliasgarzadeh, M Niafar, M Mobasseri , N Aghamohamadzadeh and R S Sorkhabi	2008	Research Journal of Biological Sciences	Evaluation of Glucose Metabolism, Thyroid Function, Growth and Development Pattern and Calcium Status in Patients with Thalassemia Major	5
F Najafipour, A Aliasgarzadeh, M Niafar, N Aghamohamadzadeh, M Mobasseri	2009	Pak J Med Sci	WHEN ANTITHYROID DRUGS MUST BE STARTED IN PATIENTS WITH HYPEREMESIS GRAVIDARUM?	6
Mobasseri, M. , Aliasgharzadeh, A., Ebrahimzadeh, Z., (...), Aghamohammadzadeh, N., Bahrami, A	2009	Pakistan Journal of Medical Sciences	Hyperhomocysteinemia and bone mineral density: A case - control study	7
Mohammadzadeh G, Zarghami N, Mobasseri M	2009	Int J Endocrinol Metab	Serum Resistin Concentration in Obese Diabetic patients: Any Possible Relation to Insulin Resistance Indices	8
Mitra Niafar, * Amir Bahrami, Akbar <u>Aliasgharzadeh</u> , Naser Aghamohammadzadeh, Farzad Najafipour, and	2009	J Res Med Sci.	Vitamin D status in healthy postmenopausal Iranian women	9

Majid Mobasseri				
Mobasseri, M., Bahrami, A., Zargami, N., Niafar, M., Agamohammadzadeh, N.	2010	Iranian Journal of Endocrinology and Metabolism	Effect of total extract of Urtica dioica on insulin and C-peptide secretion from rat (RIN5F) pancreatic β cells and glucose utilization by human muscle cells	10
Zahra Abasi, Amir Bahrami, FARzad Najafipoor. Majid Mobasseri	2010	Int J Endocrinol Metab	Transient diabetes insipidus in a woman with a twin pregnancy: A case report	11
Bahrami, A., Aliasgarzadeh, A., Sarabchian, M., Mobasseri, M. Heshmat, R., Gojazadeh, M.	2010	Iranian Journal of Endocrinology and Metabolism	Efficacy of oral ANGIPARS in chronic diabetes foot ulcer: A double blind placebo controlled study	12
Abbasi Ranjbar, Z. Bahrami, A., Shakeri, M., Aliasgarzadeh, A.a, Mobasseri, M. , Najafipour, F., Ala, A.c, Nourazarian, M.d, Saiahmelli, S.b, Estakhri, R.c, Parkhideh, S.	2012	Iranian Journal of Endocrinology and Metabolism	Evaluation of anterior pituitary function following traumatic brain injury	13
Hashemi, S.R., Noshad, H., Tabrizi, A, Mobasseri, M , Khosroshahi, H.T, Heydarnejad, M, Khalaj, M.R, Aghamohammadzadeh, N.	2012	Iranian Journal of Kidney Diseases	Angiotensin receptor blocker and N-Acetyl Cysteine for reduction of proteinuria in patients with type 2 diabetes mellitus	14
Yavari, A., Najafipoor, F., Aliasgarzadeh, A., Niafar, M., Mobasseri, M	2012	Biology of Sport	Effect of aerobic exercise, resistance training or combined training on glycaemic control and cardio-vascular risk factors in patients with type 2 diabetes	15
Rana Jahanban Esfahlan ¹ , Nosratollah Zarghami ¹ , Mohammad Rahmati-Yamchi, Amir Monfaredan, Samira Valiyari, Ali Jahanban Esfahlan, Raziallah Jafari Jozani, Morteza Gojazadeh, Fereidoun Mamaghani ¹ , Majid Mobasseri	2011	Journal of cancer Therapy	Quantification of Steroid Receptors Gene Expression in Breast Cancer Patients: Possible Correlation with Serum Level of Adipocytokines	16
Taraghijou, P., Safaeiyan, A., Mobasseri, M. , Ostadrahimi, A.	2012	Journal of Research in Medical Sciences	The effect of n-3 long chain fatty acids supplementation on plasma peroxisome proliferator activated receptor gamma and thyroid hormones in obesity	17
Mahluji, S., Attari, V.E., Mobasseri, M. , Ostadrahimi, A., Golzari, S.E	2013	International Journal of Food Sciences and Nutrition	Effects of ginger (Zingiber officinale) on plasma glucose level, HbA1c and insulin sensitivity in type 2 diabetic patients	18
Mahluji, S., Ostadrahimi, A., Mobasseri, M. , Attari, V.E., Payahoo, L.	2013	Advanced Pharmaceutical Bulletin	Anti-inflammatory effects of Zingiber officinale in type 2 diabetic patients	19

Payahoo, L., Ostadrahimi, A., Mobasseri, M. , Jafarabadi, M.A., Mahluji, S.	2013	Advanced Pharmaceutical Bulletin	Effects of zinc supplementation on the anthropometric measurements, lipid profiles and fasting blood glucose in the healthy obese adults	20
seyyed sadreedin Rasi Hashemi. Kamaludin Golbazi, Amir Gorbani Haghjo. Majid Mobasseri , Javad Safa	2013	www.jofamericanscience.org	The comparison Losartan and medical combination of Losartan and pyridoxamine on reducing proteinuria in patients with diabetes type 2	21
Akbar Aliasgarzadeh , Mohammad Kazem Tarzemani, Morteza Raeisi, Majid Mobasseri , Maryam Mozayyan, Morteza Ghojzadeh	2014	J Anal Res Clin Med	Diagnostic value of Elastography in thyroid nodules	22
Mobasseri M , Yavari A, Najafipoor F, Aliasgarzadeh A , Niafar M	2014	J Sports Med Phys Fitness	Effect of a long-term regular physical activity on hypertension and body mass index in type 2 diabetes patients	23
Farzad Najafipour, Alireza Ostad Rahimi, Majid Mobasseri , Naser Agamohamadzadeh, Ali Nikoo*, and Akbar Aliasgharzadeh	2014	Int.J.Curr.Res.Aca.Rev	Therapeutic effects of stinging nettle (Urtica dioica) in women with Hyperandrogenism	24
Mobasseri, M. , Roshanravan, N., Mesri Alamdari, N., Anari, F., Hedayati, M.	2014	Iranian Journal of Public Health	Urinary and milk iodine status in neonates and their mothers during congenital hypothyroidism screening program in Eastern Azerbaijan: A pilot study	25
Karnoosh-Yamchi, J., Mobasseri, M. , Akbarzadeh, A., (...), Darbin, A., Rahmati-Yamchi, M.	2014	Molecular Biology Reports	Preparation of pH sensitive insulin-loaded nano hydrogels and evaluation of insulin releasing in different pH conditions	26
Ghavamzadeh, S., Mobasseri, M. , Mahdavi, R.	2014	International Journal of Preventive Medicine	The effect of vitamin D supplementation on adiposity, blood glycated hemoglobin, serum leptin and tumor necrosis factor- α in type 2 diabetic patients	27
Mobasseri, M. , Payahoo, L., Ostadrahimi, A., (...), Jafarabadi, M.A., Mahluji, S.	2014	Pharmaceutical Sciences	Anethum graveolens supplementation improves insulin sensitivity and lipid abnormality in type 2 diabetic patients	28
Mobasseri, M. , Pourmoradian, S., Mahdavi, R., Faramarzi, E.	2014	Current Topics in Nutraceutical Research	Effects of royal jelly supplementation on lipid profile and high-sensitivity c-reactive protein levels in type-2 diabetic women: A pilot study	29
Payahoo, L., Ostadrahimi, A., Mobasseri, M., Bishak, Y.K., Jafarabadi, M.A.	2014	Trace Elements and Electrolytes	Effects of zinc supplementation on serum leptin level and insulin sensitivity in obese people	30
Pourmoradian, S., Mahdavi, R., Mobasseri, M.,	2014	Chinese Journal of Integrative Medicine	Effects of royal jelly supplementation on glycemic control and oxidative	31

Faramarzi, E., Mobasseri, M.			stress factors in type 2 diabetic female: A randomized clinical trial	
Payahoo, L., Ostadrahimi, A., Mobasseri, M. , (...), Mahdavi, A.B., Mahluji, S.	2014	Indian Journal of Traditional Knowledge	Anethum graveolens L. supplementation has anti-inflammatory effect in type 2 diabetic patients	32
Zarrintan, A., Mobasseri, M. , Zarrintan, A., Ostadrahimi, A.	2015	Pharmaceutical Sciences	Effects of aloe vera supplements on blood glucose level and lipid profile markers in type 2 diabetic patients - A randomized clinical trial	33
Ebrahimpour Koujan, S., Gargari, B.P., Mobasseri, M. , Valizadeh, H., Asghari-Jafarabadi, M	2015	Phytomedicine	Effects of Silybum marianum (L.) Gaertn. (silymarin) extract supplementation on antioxidant status and hs-CRP in patients with type 2 diabetes mellitus: A randomized, triple-blind, placebo-controlled clinical trial	34
Mobasseri, M. , Yavari, A., Najafipoor, F., Aliasgarzadeh, A., Niafar, M.	2015	Journal of Sports Medicine and Physical Fitness	Effect of a long-term regular physical activity on hypertension and body mass index in type 2 diabetes patients	35
Payahoo, L., Khaje-Bishak, Y., Mobasseri, M. , Ostadrahimi, A., Asghari-Jafarabadi, M.	2015	Journal of Isfahan Medical School	The effects of Anethum graveolens L supplementation on the insulin resistance and inflammatory biomarkers in patients with type 2 diabetes	36
Mobasseri, M. , Ghiyasvand, S., Ostadrahimi, A., (...), Noshad, H., Pourmoradian, S.	2015	Iranian Red Crescent Medical Journal	Effect of fresh royal jelly ingestion on glycemic response in patients with type 2 diabetes	37
Ostadrahimi, A., Taghizadeh, A., Mobasseri, M. , Beyramalipoor Gheshlaghi, Z., Vahedjabbari, M.	2015	Iranian Journal of Public Health	Effect of probiotic fermented milk (Kefir) on glycemic control and lipid profile in type 2 diabetic patients: A randomized double-blind placebo-controlled clinical trial	38
Vali Ahmadi, Jalil Karnoosh-Yamchi, Akbar Aliasgharzadeh , Alireza Ostad-Rahimi, Zeinab Nikniaz, Roya Salehi, Majid Mobasseri	2016	Pharmaceutical Sciences	The Effect of Nanohydrogel Oral Insulin Therapy on Serum Glucose and Insulin Level in Patients with Type 2 Diabetes: A Pilot Study	39
Halali, F., Mahdavi, R., Asghari Jafarabadi, M., Mobasseri, M. , Namazi, N.	2016	Health and Social Care in the Community	A cross-sectional study of barriers to physical activity among overweight and obese patients with type 2 diabetes in Iran	40
Riseh, S.H., Mobasseri, M. , Jafarabadi, M.-A., Farhangi, M.A., Ajorlou, E.	2016	Progress in Nutrition	Nutritional intakes, lipid profile and serum apo-lipoproteins concentrations and their relationship with antithyroid, antigliadin and anti-Tissue transglutaminase antibodies in patients with Hashimoto's thyroiditis	41
Halali, F., Mahdavi, R.,	2016	Eating Behaviors	Perceived barriers to recommended	42

Mobasseri, M., Asghari Jafarabadi, M., Karimi Avval, S.			dietary adherence in patients with type 2 diabetes in Iran	
Farzad Najafipour, Majid Mobasseri, Abbas Yavari, Haidar Nadrian, Akbar Aliasgarzadeh, Naimeh Mashinchi Abbasi, Mitra Niafar, Jalil Houshyar Gharamaleki, Vahideh Sadra	2017	BMJ Open Diab Res Care	Effect of regular exercise training on changes in HbA1c, BMI and VO2max among patients with type 2 diabetes mellitus: an 8-year trial	43
Alihosseini, N, Moahboob, S.A, Farrin, N, Mobasseri, M, Taghizadeh, A, Ostadrahimi, A.R	2017	Acta Endocrinologica	Effect of probiotic fermented milk (KEFIR) on serum level of insulin and homocysteine in type 2 diabetes patients	44
Karnoosh-Yamchi, J., Rahmati-Yamchi, M., Akbarzadeh, A., (...), Ashoori, M., Mobasseri, M	2017	Artificial Cells, Nanomedicine and Biotechnology	pH sensitive insulin-loaded nanohydrogel increases the effect of oral insulin in diabetic rats	45
Ostadrahimi, A, Payahoo, L, Somi, M.H, Hashemzade, S.H, Esfahani, A, Asgharijafarabadi, M, Mobasseri, M, Samadi, N, Faraji, S, KhajeBishak, Y	2017	Polish Annals of Medicine	The association between blood cadmium levels and the risk of gastrointestinal cancer in Tabriz, northwest of Iran	46
Sayyah-Melli, M., Mobasseri, M., Gharabaghi, P.M., Ouladsahebmadarek, E., Rahmani, V.	2017	European Journal of Obstetrics Gynecology and Reproductive Biology	Comparing the effect of aromatase inhibitor (letrozole) + cabergoline (Dostinex) and letrozole alone on uterine myoma regression, a randomized clinical trial	47
Riseh, S.H., Farhang, M.A., Mobasseri, M., Jafarabadi, M.A.	2017	Acta Endocrinologica	The relationship between thyroid hormones, antithyroid antibodies, anti-tissue transglutaminase and anti-gliadin antibodies in patients with hashimoto's thyroiditis	48
Ebrahimpour-koujan, S., Gargari, B.P., Mobasseri, M., Valizadeh, H., Asghari-Jafarabadi, M.	2018	Phytomedicine	Lower glycemic indices and lipid profile among type 2 diabetes mellitus patients who received novel dose of Silybum marianum (L.) Gaertn. (silymarin) extract supplement: A Triple-blinded randomized controlled clinical trial	49
Mahdavi, R., Halali, F., Asghari Jafarabadi, M., Mobasseri, M	2018	Nutrition and Food Science	Contribution of barriers to dietary intake in female patients with type 2 diabetes	50
	2018	Pharmaceutical Sciences 24 (2), 118-123	The effects of metformin on thyroid function among patients with subclinical hypothyroidism and coexisting metabolic syndrome	51
Razmifard, F., Barzeghari, A., Farrin, N, Safaiyan, A., Ghaem-Maghani, S., Mobasseri, M., Sodabi, S.-	2019	Progress in Nutrition pp. 130-137 , ۲۱	Changes in Akkermansia muciniphila and its relationship with dietary habits in type 2 diabetic obese patients	52

M, Saleh-Ghadimi, S., Ostadrahimi, A				
Esfandiari, A.a, Pourghassem Gargari, B.bEmail Author, Noshad, H., Sarbakhsh, P., Mobasseri, M., Barzegari, M, Arzhang	2019	Diabetes and Metabolic Syndrome: Clinical Research and Reviews pp. 278-283 ,(1)١٣	The effects of vitamin D3 supplementation on some metabolic and inflammatory markers in diabetic nephropathy patients with marginal status of vitamin D: A randomized double blind placebo controlled clinical trial	53
Barzegari, M., Sarbakhsh,, Mobasseri, M., (...), Khodadadi,, Gargari,	2019	Diabetes and Metabolic . Syndrome: Clinical Research and Reviews pp. 542-547 ,(1)١٣	The effects of vitamin D supplementation on lipid profiles and oxidative indices among diabetic nephropathy patients with marginal vitamin D status	54
Zarghami,, Ashoori, M.R., Rahmati-Yamchi, M., (...), Mobasseri, M., Bakhtiyari,	2019	Turkish Journal of Biochemistry pp. 667-675 ,(٥)٤٤	Apelin-13 serum levels in type 2 diabetic obese women: Possible relations with microRNAs-107 and 375	55
Yavarikia, P., Dousti, S., Ostadrahimi, A., Mobasseri, M., Farshbaf-Khalili, A	2019	International Journal of Women's Health and Reproduction Sciences pp. 99-105 ,(1)٧	Quality of life specified for polycystic ovary syndrome and its relationship with nutritional attitude and behavior	56
Khajebishak, Y.a, Payahoo, L.b, Alivand, M.c, Hamishehkar, H.d, Mobasseri, M.e, Ebrahimzadeh, V.b, .Alipour, M.f, Alipour, B	2019	Journal of Cellular Physiology pp. 19621-19628 ,(1)١٣٤	Effect of pomegranate seed oil supplementation on the GLUT-4 gene expression and glycemic control in obese people with type 2 diabetes: A randomized controlled clinical trial	57
Rashvand, S., Mobasseri, M., Tarighat-Esfanjani, A	2019	Journal of the American College of Nutrition pp. 714-721 ,(٨)٣٨	The Effects of Choline and Magnesium Co-Supplementation on Metabolic Parameters, Inflammation, and Endothelial Dysfunction in Patients With Type 2 Diabetes Mellitus: A Randomized, Double-Blind, Placebo-Controlled Trial	58
Tutunchi, H., Ostadrahimi, A., Saghafi-Asl, M., (...), .Farrin, N., Mobasseri, M	2020	Journal of Cellular Physiology	Expression of NF-κB, IL-6, and IL-10 genes, body composition, and hepatic fibrosis in obese patients with NAFLD—Combined effects of oleoylethanolamide supplementation and calorie restriction: A triple-blind randomized controlled clinical trial	59
Mobasseri, M., Shirmohammadi, M., Amiri, T., (...), Fard, H.H., Ghojzadeh, M	2020	Health Promotion . Perspectives pp. 98-115 ,(٧)١٠	Prevalence and incidence of type 1 diabetes in the world: A systematic review and meta-analysis	60
Tutunchi, H., Ostadrahimi, A., Hosseinzadeh-Attar, M.-J., (...), Mobasseri, M., .Ebrahimi-Mameghani, M	2020	Obesity Reviews e12952,(٢)١١	A systematic review of the association of neuregulin 4, a brown fat–enriched secreted factor, with obesity and related metabolic disturbances	61
Khajebishak, Y.a, Payahoo,	2020	Journal of Cellular Physiology	Corrigendum to: Effect of	62

L.b, Alivand, M.c, Hamishehkar, H.d, Mobasseri, M.e, Ebrahimzadeh, V.b, Alipour, M.f, Alipour, B.g		pp. 4023 ,(ξ)٢٣٠	pomegranate seed oil supplementation on the GLUT-4 gene expression and glycemic control in obese people with type 2 diabetes: A randomized controlled clinical trial (Journal of Cellular Physiology, (2019), 234, 11, (19621-19628), (10.1002/jcp.28561	
Rashvand, S., Mobasseri, M., Tarighat-Esfanjani, A	2020	Biological Trace Element . Research pp. 328-335 ,(٢)١٩٤	Effects of Choline and Magnesium Concurrent Supplementation on Coagulation and Lipid Profile in Patients with Type 2 Diabetes Mellitus: a Pilot Clinical Trial	63
Mobasseri, M., Ostadrahimi, A., Tajaddini, A., (...), Roshanravan, N., .Alamdari, N.M	2020	Diabetes and Metabolic Syndrome: Clinical Research and Reviews pp. 527-534 ,(ξ)١٤	Effects of saffron supplementation on glycemia and inflammation in patients with type 2 diabetes mellitus: A randomized double-blind, placebo-controlled clinical trial study	64
S Azizi, M Ebrahimi-Mameghani, M Mobasseri, N Karamzad, R Mahdavi	2020	Journal of Human Nutrition and Dietetics	Oxidative stress and nitrate/nitrite (NOx) status following citrulline supplementation in type 2 diabetes: a randomised, double-blind, placebo-controlled trial	65

CONGRESSES INTERNATIONAL:

- 1- Aliasgarzadeh A, Mobasseri M, Najafipour F. **Prevalence of metabolic syndrome in adults in east Azarbeijan Province of Iran , based on criteria proposed by ATP III .** 13th Asia-Oceania Congress of Endocrinology. . May 10-12: 2006.
- 2- Majid Mobasseri, Akbar Aliasgarzadeh, Amir Bahrami, Mitra Niafar, Farzad Najafipour, Nosratollah Zarghami. **The effects of urticaria on rat pancreatic B- cell.** **European Congress of Endocrinology 2009.** Istanbul, Turkey 25 - 29 April 2009. European Society of Endocrinology. Endocrine abstracts Vol 20.